

# 英 語

( 1 期 )

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## 第 1 問

次の問 1 ～ 5 の定義で表される語(句)として最も適切なものを，後の①～④からそれぞれ一つずつ選べ。

問 1 to officially choose someone for a job or position

解答番号

- ① dismiss                      ② appoint                      ③ reject                      ④ resign

問 2 feeling or showing pleasure or contentment

解答番号

- ① anxious                      ② nervous                      ③ happy                      ④ angry

問 3 the amount of money that you earn or receive

解答番号

- ① income                      ② expense                      ③ debt                      ④ loss

問 4 to resemble a family member in appearance or behavior

解答番号

- ① bring up                      ② go over                      ③ take after                      ④ set up

問 5 to successfully deal with a difficult situation or problem

解答番号

- ① count on                      ② run into                      ③ turn in                      ④ get over

## 第2問

次のA, Bに答えよ。

A 次の問1～3の会話の ( ) に入れるのに最も適切なものを, 後の①～④からそれぞれ一つずつ選べ。

問1 X : How long have you known Mr. Rose?

Y : ( )

解答番号 

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- ① I went there with him.
- ② Yeah. How about you?
- ③ Well, for about three years.
- ④ I don't think so.

問2 X : ( )

Y : Then, why don't you come over to have a nice cup of tea?

解答番号 

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- ① I know you're going shopping today.
- ② I feel like staying home today.
- ③ I have to finish a report today.
- ④ I have nothing particular to do today.

問3 X : Did you arrive at the office in time for the meeting?

Y : ( )

解答番号 

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- ① Yes, just a few minutes before it began.
- ② Yes, because the traffic was very heavy.
- ③ No, I am too busy to attend it.
- ④ No, it was not canceled.

**B** 次の英文は Mika と Bill の会話である。これを読み、問 1, 2 に答えよ。

**Mika:** Thank you for the lovely poem you sent me. I was excited to find my name in it! But how could you describe the beauty of nature in Japan so nicely, though you haven't been there? Have you learned how to write poems?

**Bill:** No. In fact, I didn't write it but AI did. All I did was type your name "Mika" and "Japan." AI did the rest. Anyway, happy birthday! I'm glad you like my present for you.

**問 1** Mika が受け取った詩の説明として最も適切なものを、次の①～④から一つ選べ。

解答番号 

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- ① タイトルは MIKA である。
- ② 日本の美しい自然が描かれている。
- ③ Bill という名が登場する。
- ④ 有名な詩人の作品である。

**問 2** 二人の会話の内容について正しいものを、次の①～⑤から二つ選べ。解答は順不同とする。

解答番号 

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- ① Bill は日本へ行ったことがないが、日本についてよく知っている。
- ② Mika と Bill は詩について学んでいる学生である。
- ③ AI は Bill が入力した情報をもとにして詩を作った。
- ④ AI は Mika にふさわしい詩を世界中の詩の中から検索した。
- ⑤ Bill は Mika の誕生日のプレゼントとして詩を贈った。

## 第3問

次の英文を読み、問 1 ～ 4 に答えよ。\*印が付された語(句)には注がある。

I never keep my New Year's resolutions. Many of us vow\* to diet, exercise, make our lives better, but most of us don't have the willpower to carry it through. Some people seem to easily achieve their goals while the rest of us don't. Why? What is their secret?

First of all, what is willpower? The American Psychological Association defines it as “the ability to resist short-term temptations in order to meet long-term goals.”

Like most human abilities, willpower is a function of our brain. Behind our foreheads, a section of the brain called the prefrontal cortex\* is where willpower is seated. The prefrontal cortex has an enormous job. It regulates our thoughts, actions and emotions; it controls stress; and it does so much more – all through i ) complex connections with other brain regions. It has the job of deciding what you can do, cannot do and want to do, in multiple ways every minute. It can be affected by belief systems\*, and other influences as well.

Until recently, psychologists believed that you could feel less willpower if you had low energy. They thought willpower was like a fuel. If you set too many goals, they could use up your willpower, and then self-defeating\* thoughts would interfere. This theory has since been debunked\*. More current thinking among educators is that self-control and willpower are not as important as having the right mindset and motivation.

Michael Kouly, a World Bank Fellow, scholar and author, says that cultivating habits that operate on autopilot\* are\* far more powerful than depending on constant decision-making. Psychologists agree that, with diligence\* and daily repetition, a behavior can become a habit in approximately 10 weeks. You can think of this as “building” willpower. But willpower is not always needed to reach a goal if the habit is in place.

Kouly also says that we can design our environments to support good habits. To build a good habit, try removing distractions, providing visual cues, and getting

support from people with similar interests. Having a plan is important. Set realistic goals, and then reach them by taking manageable steps that don't rely completely ( ※ ) willpower. That builds momentum\* and keeps motivation alive. A mindset is necessary. You must choose it. You must believe it. As Henry Ford once said, "Whether you think you can, or you think you can't – you're right."

Jackson, B. A. (2024, March 1). *What is willpower?* The Japan Times Alpha.  
より (一部改変)

[注] vow : 誓う                                      prefrontal cortex : 前頭前皮質  
belief system : 信念体系                      self-defeating : 自滅的な  
debunk : ～を暴く                              on autopilot : 無意識状態で  
are : 文法上は is が正しい              diligence : 不断の努力  
momentum : 勢い

問 1 本文中の下線部 i ) complex の意味に最も近いものを, 次の①～④から一つ選べ。

解答番号 

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① perfect                      ② complicated              ③ inferior                      ④ uncertain

問 2 本文中の空所 ( ※ ) に入れるのに最も適切な語を, 次の①～④から一つ選べ。

解答番号 

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① on                              ② with                              ③ in                              ④ for

問3 良い習慣を身につけるための助言として本文に述べられていないものを，次の

①～④から一つ選べ。

解答番号 

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- ① 気をそらしてしまいそうなものを取り除く。
- ② 視覚的な手がかりとなるものを用意する。
- ③ 専門家のカウンセリングを定期的に受ける。
- ④ しっかりと計画を立てる。

問4 本文の内容と一致するものを，次の①～⑤から二つ選べ。解答は順不同とする。

解答番号 

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- ① アメリカ心理学会は willpower を，短期的な誘惑に負けず長期的な目標を達成する力のことだと定義している。
- ② willpower が存在するとされる前頭前皮質の具体的な機能はまったく解明されていない。
- ③ willpower は目標を多く持てば持つほど消耗し，やがて尽きてしまうことが立証されている。
- ④ まじめにこつこつと繰り返せば行動はやがて習慣となる。これが willpower を築くということだと考えてよい。
- ⑤ ヘンリー・フォードは，たとえできないと思ったことでも実際に挑戦してみると案外できるものだと言った。

## 第4問

次のA, Bに答えよ。

A 次の英文を読み, 問1～4に答えよ。

### Dosage Instruction and Warnings

Take two tablets with water, followed by one tablet every eight hours, as requested. For maximum nighttime and early morning relief, take two tablets at bedtime. Do not exceed six tablets in twenty-four hours.

For children six to twelve years old, give half the adult dosage. For children under six years old, consult your doctor.

Reduce dosage if nervousness, restlessness, or sleeplessness occurs.

問1 The label on this medicine bottle clearly warns not to take more than ( ) tablets in twenty-four hours. Choose the correct answer from the options below (① to ④) to complete the previous sentence.

解答番号 

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- ① twenty-four      ② eight      ③ six      ④ three

問2 We can infer from this label that ( ). Choose the correct answer from the options below (① to ④) to complete the previous sentence.

解答番号 

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- ① the medicine could cause some people to feel nervous  
② children should take the same dosage that adults do  
③ one must not take this medicine before going to bed  
④ the medicine is a liquid

問3 6歳未満の子供にはどのように対応すべきか。次の①～④から一つ選べ。

解答番号 

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- ① 大人の半分の量を与える。
- ② 8時間ごとに1錠を与える。
- ③ この薬を与えない。
- ④ どうすべきか医師に相談する。

問4 この英文について正しいものを，次の①～④から一つ選べ。

解答番号 

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- ① 服用は1錠から始め，徐々に服用量を増やすように奨励している。
- ② 6歳から12歳の子供には，大人と同じ量の薬を与えるべきである。
- ③ 不安になったり不眠の症状が出た場合は，服用量を減らすことを推奨している。
- ④ 就寝中に症状が悪化したときには，起きて2錠服用すべきである。

**B** 次の英文を読み、問 1 ～ 4 に答えよ。

The Republic of Maldives consists of about 1,190 coral islands, of which 198 are inhabited. When the first settlers arrived there more than 3,000 years ago, they probably never imagined that this beautiful place would one day vanish. The Maldives' highest point is just 2.4 meters above sea level, and the sea level rises a little higher each year. If it continues to rise, the nation will cease to exist. Within one hundred years, and probably sooner, its entire population of 325,000 people will have to find a new place to live. So will the populations of Tuvalu, Kiribati and other small island nations.

Rising sea levels will affect not only small islands but also low-lying coastal regions of much larger countries such as Bangladesh, where millions of people regularly experience severe flooding. While the victims are primarily residents of poor countries, rich countries will also be affected. It has been predicted that Miami, for example, will be submerged. In Tokyo, about one and a half million people already live below sea level.

Sea levels around the world are rising because of global warming. As the earth's temperature rises, glaciers in Greenland and Antarctica and on high mountain ranges melt, and the water flows into the sea. In addition, as the sea becomes warmer, it expands. If rising sea levels were the only consequence of global warming, we could perhaps cope by moving populations to higher land. ( ※ ), rising temperatures will also lead to severe shortages of food and fresh water, to widespread outbreaks of malaria and other diseases, and to more frequent extreme weather events such as powerful hurricanes.

Peaty, D., & Kawata, J. (2018). *Issues that matter*. Kinseido. より (一部改変)

問1 本文中の下線部 i) be submerged の意味に最も近いものを、次の①～④から一つ選べ。

解答番号 

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| 21 |
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- ① expand                      ② sink                      ③ emerge                      ④ increase

問2 本文中の空所 ( ※ ) に入れるのに最も適切な語(句)を、次の①～④から一つ選べ。

解答番号 

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- ① Additionally              ② So                      ③ However                      ④ In short

問3 気温上昇によって起こり得るものについて**正しくないもの**を、次の①～④から一つ選べ。

解答番号 

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- ① グリーンランドや南極の氷河が溶ける。  
② 食糧や飲料水の深刻な不足が生じる。  
③ マラリアなどの病気が広範囲にわたり発生する。  
④ 地震などの甚大な自然災害が起こる。

問4 本文の内容と一致するものを、次の①～⑤から**二つ**選べ。解答は順不同とする。

解答番号 

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- ① モルディブ共和国の 198 の島には人が住んでいない。  
② モルディブ共和国の最初の定住者たちの数は 3,000 人であった。  
③ ツバル、キリバスの人々は新しく住む場所を見つけなければならないだろう。  
④ 海抜の上昇は小さい島だけに影響を与え、大きな国には影響が及ばない。  
⑤ 海抜の上昇は地球温暖化の唯一の結果ではないので、人々を高地に移すことでは対処できないだろう。

